Ying Liu's Fish Fries for Anastasia Clarke (12 December 2021)

Ingredients:

Cod fish 3 pounds

For seasoning fish: Salt 1/4 teaspoon Black pepper 1/8teaspoon

For dry coating: All-purpose flour 1/2cup

For batter: All-purpose flour 1cup Corn starch 1/2cup Baking powder 1 teaspoon Salt 1/4 teaspoon Baking soda 1/4 teaspoon Chili powder 1/4 teaspoon White vinegar 1/4 teaspoon

For tartar sauce: Garlic 1 clove Salt 1/8 teaspoon Sour cream 1/4 cup Milk 1 tablespoon

For frying: Oil – generous amount ©

Steps:

Prepare the fish

- 1. Cut fish into palm size pieces
- 2. Season fish with salt and black pepper

Prepare the batter

- 1. Mix listed ingredients for batter with 1/2 cup of water; if it feels too thick, add a tad bit more of water
- 2. Set the batter aside

Prepare for frying

- 1. Heat the oil to between 350 and 375 degrees
- 2. dry coat the fish thinly with flour
- dip fish in the prepared batter and coat it with that; make sure to let the batter drip sufficiently before dipping fish back in flour again
- 4. dry coat fish evenly; get rid of extra flour before moving fish in the fryer
- 5. fry until each piece is golden brown

Prepare for dipping sauce

1. mince garlic and mix it well with salt, sour cream and milk

Serve with steamed broccoli and lemon wedges, and a salad.